

# Lewis and Clark Family Resource Guide

Addiction Services	
Boyd Andrew Community Services – Helena	<p>Description: Provides treatment services and transitional living facilities to those dealing with chemical dependency recovery.</p> <p>Contact: Phone line at (406) 443-2343 or (888) 443-2343; located at 111 N. Last Chance Gulch, PO Box 1153, Helena, MT 59624; <a href="http://www.boydandrew.com">www.boydandrew.com</a></p>
Overeaters Anonymous	<p>Twelve Steps and Twelve Traditions of OA. No dues or fee; just a desire to stop eating compulsively is required. Meetings are Monday and Thursday Evening at 7 pm in Room 204, and Saturday morning at 9 am (handicapped accessible) in Room 104. We meet in the Susanna Wesley Place that is a part of St. Paul's United Methodist Church.</p> <p>Contact: Phone line at (406) 449-4943; located at 512 Logan St., Helena, MT 59601.</p>
Adoption	
Dan Fox Foster Care and Adoption	<p>Description: The Dan Fox Family Care Program offers Foster Care and Adoption as well as in-home Family Support Services. The children we serve are ages 2-18 years of age and are referred, mostly, from child welfare workers, mental health case managers and youth corrections workers.</p> <p>Contact: Phone at (406) 443-4730 or (800) 345-8818; located at 619 N Last Chance Gulch, 104, Helena, MT, 59601. Email at <a href="mailto:ewilliams@youthhomes.com">ewilliams@youthhomes.com</a></p>
LDS Family Services	<p>Description: LDS Family Services is part of The Church of Jesus Christ of Latter-day Saints. We outsource most adoption functions. We continue to provide consultation for adoptive couples, screening and registration on an adoption matching website, and counseling for single expectant parents. LDS Family Services can consult with you to find the best community services for your needs.</p> <p>Contact: 2620 Colonial Drive Ste. D, Helena, MT 59601 (406) 443-1660 Email at <a href="mailto:fam-mt@ldschurch.org">fam-mt@ldschurch.org</a> Website at <a href="http://www.providentliving.org/lds-family-services/adoption">www.providentliving.org/lds-family-services/adoption</a></p>
Family Based Services (FBS)(Intermountain)	<p>Description: FBS is a combination of three different services that work in harmony to help us achieve our mission, to “secure emotional health and a loving, permanent family for each child”.</p> <p>3240 Dredge Drive, Helena, MT 59602</p> <p>Contact: (406) 457-4859 Email at <a href="mailto:jannp@intermountain.org">jannp@intermountain.org</a></p>
Benefits Services	

Help Center (North Central & NE Regions) Montana	626 Central Avenue West, Great Falls, MT 59404 Call 211 or 406-268-1337 (Voice) Hours are 24 hours/7 days
<b>Child Services</b>	
Best Beginnings Childcare Scholarship	Description: Provides childcare scholarships to families at or below 150% of federal poverty level. Contact: Phone line at (866) 239-0458 or (406) 444-3657; located at 111 North Jackson Street, 5th Floor, Helena, MT 59601; website at <a href="http://www.dphhs.mt.gov/hcsd/childcare/bestbeginnings/index.shtml">http://www.dphhs.mt.gov/hcsd/childcare/bestbeginnings/index.shtml</a>
Child and Family Services Division	Description: Provides centralized services and resource referrals for cases of child abuse and neglect. Contact: Phone line at (406) 444-2400; located at 301 Park Avenue, Helena, Montana 59620; website at <a href="http://www.dphhs.mt.gov/cfsd">http://www.dphhs.mt.gov/cfsd</a>
Child Care Partnerships	Description: Assists child care providers in being licensed and provides financial assistance to those who are in need of child care. Contact: Phone line at (888) 244-5368 or (406) 443-4608; located at 901 North Benton Avenue, Helena, MT 59601; website at <a href="http://www.childcarepartnerships.org">http://www.childcarepartnerships.org</a>
Child Support Enforcement Division	Description: Assists with all aspects of child support in the state of Montana, including forms and information. Contact: Phone line at (406) 444-9855 or (800) 346-5437; located at 2401 Colonial Drive, First Floor, PO Box 202943, Helena MT 59620-2943; website at <a href="http://www.dphhs.mt.gov/csed">http://www.dphhs.mt.gov/csed</a> .
Intermountain	Description: Provides mental health and educational services to effectively meet the diverse needs of children and families facing emotional challenges, Residential treatment, community-based resources, and community trainings. Contact: Phone line at (406) 442-7920 and toll free (800) 200-9112; located at 500 South Lamborn, Helena, MT, 59601; website at <a href="http://www.intermountain.org">www.intermountain.org</a>
<b>Clothing Assistance</b>	
Good Samaritan	Description: Good Samaritan Ministries, motivated by Catholic social teaching, works in our community to advance family life, human dignity and the common good. We provide services to meet the physical, social, emotional and spiritual needs of individuals and families of all faiths, especially those most in need. Phone line at (406) 442-0780; located at 3067 North Montana, Helena, MT, 59601.

Helena Goodwill Store	Contact: Phone line at (406) 457-1325; located at 1100 Road Runner Ave., Helena, MT, 59602; Website at <a href="http://www.easterseals.com/esgw/our-programs/goodwill-stores/helena-goodwill.html">http://www.easterseals.com/esgw/our-programs/goodwill-stores/helena-goodwill.html</a>
Salvation Army	Description: Provides food, clothing (vouchers), transitional housing program, and utility assistance for emergency needs. Seasonal help (Thanksgiving Dinner, Christmas Assistance), School Year (Kids programs), Summer (Kids Camps), Life Skill Classes (Topic Varies, For Example, Budgeting) Contact: Phone line at (406) 442-8244; located at 1905 Henderson St., Helena, MT, 59601, <a href="http://www1.usw.salvationarmy.org/USW/www_usw_helena.nsf/">http://www1.usw.salvationarmy.org/USW/www_usw_helena.nsf/</a> .
<b>Community Programs</b>	
Montana Public Interest Research Group (MontPIRG)	Description: Assists with public interest activism; advocates for economic sustainability, responsive government, consumer protection, etc. Contact: Located at PO Box 505, Missoula, MT 59806; website at <a href="http://montpirg.org">http://montpirg.org</a>
Aware Incorporated	Description: AWARE, Inc., a private, non-profit corporation, provides quality, community-based services to persons with challenging mental, emotional, and in some cases, physical needs who would otherwise be served in a more restrictive setting...or perhaps would not be served at all. Contact: Phone line at (800) 432-6145 or (406) 449-3120; located at 616 Helena Ave. Ste. 305, Helena, Montana 59601; email at <a href="mailto:info@aware-inc.org">info@aware-inc.org</a> ; website at <a href="http://www.aware-inc.org/services_ehs.html">http://www.aware-inc.org/services_ehs.html</a>
Rocky Mountain Development Council	Description: Assists with food and nutrition, energy, mental health programs, early education, homeless prevention and assistance, and housing development. Provides senior citizens with referrals to Meals and Wheels programs. Contact: Phone line at (800) 356-6544 or (406) 447-1680; mailing address at PO Box 1717, Helena, MT 59624-1717; website at <a href="http://rmdc.net">http://rmdc.net</a> .
YMCA	Description: Offers programs that foster the relationship between parents and children, assists with better communication and clarifying family values. Contact: Phone line at (406) 442-9622; located at 1200 N. Last Chance Gulch St., Helena, MT, 59601; website at <a href="http://www.helenaymca.org">www.helenaymca.org</a> .
Big Brothers Big Sisters of Helena	Description: Provides counseling services and social activities for youth, keeps them away from drugs and alcohol. Contact: Phone line at (406) 442-7479; located at 30 West 6th Ave., Helena, MT 59601; email at <a href="mailto:leann@bbbs-helena.org">leann@bbbs-helena.org</a> ; website at <a href="http://www.bbbs-helena.org/">http://www.bbbs-helena.org/</a> .
<b>Cultural Resources</b>	
Helena Indian Alliance	Description: Nonprofit organization established to develop, implement, and maintain cultural, social, and economic programs for families, seniors, and youth. Contact: Phone line at (406) 442-9244; located at 435 N. Last Chance Gulch St., Helena, MT, 59601

Indian Law Resource Center	Description: Provides legal assistance to indigenous peoples of the Americas to combat racism and oppression, to protect their lands and environment, to protect their cultures and way of life. Contact: Phone line at (406) 449-2006; located at 602 North Ewing St., Helena, MT, 59601; email at <a href="mailto:mt@indianlaw.org">mt@indianlaw.org</a> ; website at <a href="http://www.indianlaw.org">www.indianlaw.org</a> .
Office of Indian Affairs	Description: Provides information regarding tribal/Native American issues. Contact: Phone line at (406) 444-3702; located at State Capitol Building, PO Box 200801, Helena, MT 59620-0801; email at <a href="mailto:oa@mt.gov">oa@mt.gov</a> ; website at <a href="http://tribalnations.mt.gov">http://tribalnations.mt.gov</a>
<b>Disability Resources</b>	
Blind and Low Vision Services	Description: Provides employment, independence services for those with visual disabilities, disability employment and transitional or vocational rehabilitation. Contact: Phone line at (877) 296-1197 or (406) 444-2590; located at 111 North Last Chance Gulch, 4C, PO Box 4210, Helena, MT 59604-4210; website at <a href="http://www.dphhs.mt.gov/detd/vocrehab">http://www.dphhs.mt.gov/detd/vocrehab</a>
Disability Rights Montana	Description: Protects and advocates for the rights of those with mental and physical disabilities; provides attorney and advocate assistance. Contact: Phone line at (800) 245-4743 or (406) 449-2344; located at 11022 Chestnut Street, Helena, MT 59601; email at <a href="mailto:advocate@disabilityrights.mt.org">advocate@disabilityrights.mt.org</a> ; website at <a href="http://disabilityrightsmt.org">http://disabilityrightsmt.org</a>
Montana Developmental Disabilities Program	Developmental Disabilities Program Description: Helps developmentally disabled individuals with waivers for federally funded housing, day services and group homes. Contact: Phone line at (406) 444-2995; located at 111 Sanders, 305, Helena, MT, 59601 & mailing address at PO Box 4210; website at <a href="http://www.dphhs.mt.gov/dsd/DevelopmentalDisabilities.aspx">http://www.dphhs.mt.gov/dsd/DevelopmentalDisabilities.aspx</a> .
Montana Independent Living Project	Description: Provides assistance for those who are disabled and seek to live independently. Contact: Phone line at (800) 735-6457 or (406) 442-5755; located at 825 Great Northern Blvd, Ste. 105, Helena, MT 59601, website at <a href="http://www.milp.us/home.html">http://www.milp.us/home.html</a>
Montana Talking Library	Description: Provides recorded books and library services to those who cannot read conventionally. Contact: Phone line at (800) 332-3400 or (406) 444-2064; located at 1515 East 6th Avenue, PO Box 201800, Helena, MT 59620-1800; email at <a href="mailto:mtbl@mt.gov">mtbl@mt.gov</a> ; website at <a href="http://msl.mt.gov/talking_book_library">http://msl.mt.gov/talking_book_library</a>
Montana Telecommunications Access Program	Description: Provides phone equipment to those who are deaf, hard of hearing, or have a speech/mobility impairment. Contact: Phone line at (800) 833-8503; located at 111 North Last Chance Gulch, 2B, PO Box 4210, Helena, MT 59604; email at <a href="mailto:relay@mt.gov">relay@mt.gov</a> ; website at

	<a href="http://montanarelay.mt.gov/index.shtml">http://montanarelay.mt.gov/index.shtml</a> .
National Alliance on Mental Illness Montana	Description: Montana chapter of the Alliance which focuses on supporting, educating, and advocating for families with those who suffer from mental illnesses. Contact: Phone line at (406) 443-7871; located at 616 Helena Avenue, 218, Helena, MT 59601; email at <a href="mailto:info@namimt.org">info@namimt.org</a> ; website at <a href="http://www.namimt.org">http://www.namimt.org</a> .
Vocational Rehabilitation Services	Description: Provides a broad range of services (employment, independent living, counseling, etc.) to those seeking to rehabilitate from a disability. Contact: Phone line at (877) 296-1197 or (406) 444-2590; located at 111 North Last Chance Gulch, 4C, PO Box 4210, Helena, MT 59604-4210; website at <a href="http://www.dphhs.mt.gov/detd/vocrehab">http://www.dphhs.mt.gov/detd/vocrehab</a>
<b>Domestic Violence</b>	
The Friendship Center	Description: Provides safe haven and offers a broad array of services for those who are dealing with domestic violence and sexual abuse. Contact: Phone line at (800) 248-3166 or (406) 442-6800; located at 1430 Sanders Street, Helena, MT 59601; email at <a href="mailto:officem@thefriendshipcenter.org">officem@thefriendshipcenter.org</a> ; website at <a href="http://thefriendshipcenter.org">http://thefriendshipcenter.org</a>
Office of Victim Services	Services Description: Provides direct services to victims of violent crimes and processes compensation claims for those who have been injured or killed as a result of crime. Contact: Phone line at (800) 498-6455 or (406) 444-1907; located at 2225 11th Avenue, PO Box 201410, Helena, MT 59620-1410; email at <a href="mailto:dojovs@mt.gov">dojovs@mt.gov</a> ; website at <a href="https://doj.mt.gov/victims">https://doj.mt.gov/victims</a> .
<b>Employment Resources</b>	
Boulder Administration Services	Description: Provides services in the administration of employee benefits and responds to employer/employee issues. Contact: Phone line at (877) 406-3699 or (406) 225-3699; located at 714 South Washington Street, PO Box 1046, Boulder, MT 59632; website at <a href="http://www.boulderadmin.com">http://www.boulderadmin.com</a>
Career Training Institute	Description: Employment and training opportunities with case management and daycare, transportation, clothing assistance. Contact: Phone line at (406) 443-0800; located at 347 N. Last Chance Gulch St., Helena, MT, 59601
Helena Job Service	Description: Provides job placement, job development counseling, testing, and veteran services. Contact: Phone line at (406) 447-3200; located at 715 Front St, Helena, MT, 59601; website at <a href="http://www.helenajobs.mt.gov">www.helenajobs.mt.gov</a> ; email at <a href="mailto:helenajasc@mt.gov">helenajasc@mt.gov</a> .
Job LINC - Helena	Description: Helps residents find jobs and employers find employees. Contact: Phone line at (800)

	838-7917 or (406) 447-3200; located at 715 Front Street, Helena, MT 59601; email at HelenaJSC@mt.gov; website at <a href="http://wsd.dli.mt.gov/local/helena">http://wsd.dli.mt.gov/local/helena</a> .
<b>Financial Resources</b>	
Consumer Counseling Services	Description: Helps people find credit and debt solutions, provides financial education and counseling, and assists in forming financial plans. Bankruptcy and mortgage information. Contact: Phone line at (877) 275-2227 or (406) 443-1774; located at 1225 Birch St., B, Helena, MT 59601; email at <a href="mailto:rdi@ruraldynamics.org">rdi@ruraldynamics.org</a> ; website at <a href="http://www.ruraldynamics.org">http://www.ruraldynamics.org</a> .
Internal Revenue Service	Description: Assists with individual and business tax forms, instructions, and records. Hours Monday through Friday from 8:30 am to 4:30 pm (Closed for lunch 11:30 am to 12:30 pm). Cash payments are not accepted. Contact: Phone line at (406) 441-1039; located at 10 West 15th Street, 2300, Helena, MT 59626; website at <a href="http://www.irs.gov/uac/Contact-My-Local-Office-in-Montana">http://www.irs.gov/uac/Contact-My-Local-Office-in-Montana</a> .
Montana Business Connection	Description: Provides 1-on-1 counseling for small business owners and entrepreneurs, relocation information for new businesses, and risk and incentive capital for start-up businesses. Contact: Phone line at (406) 447-1510; located at 225 Cruse Avenue, Helena, MT 59601; website at <a href="http://www.mbac.biz">http://www.mbac.biz</a> . Email at <a href="mailto:info@mbac.biz">info@mbac.biz</a>
Montana Credit Unions for Community Development	Description: Provides free financial information, tax filing, and asset-building opportunities. Contact: Phone line at (800) 745-5546 or (406) 442-9081; located at 101 North Rodney Street, Helena, MT 59601; website at <a href="http://montanacreditunions.coop">http://montanacreditunions.coop</a> .
Montana Department of Revenue	Description: Assists Montanan taxpayers and businesses with tax forms, instructions, and records. Contact: Phone line at (866) 859-2254 or (406) 444-6900; located at 125 North Roberts, 3rd Floor, Helena, MT 59620; website at <a href="http://revenue.mt.gov/home">http://revenue.mt.gov/home</a>
US Small Business Administration – Montana District Office	Description: Offers financial support, counseling, and training to small business owners in the state of Montana. Contact: Phone line at (406) 441-1081; located at 10 West 15th Street, 1100, Helena, MT 59626; website at <a href="http://www.sba.gov/about-offices-content/2/3126">http://www.sba.gov/about-offices-content/2/3126</a> .
<b>Food Services</b>	
Helena Food Share	Description: Provides food boxes on an emergency, short-term basis. Hours are Monday 12:30 pm to 6 pm, Tuesday through Friday from 12:30 pm to 3:30 pm. NOTE: Please arrive 15 minutes before closing to pick up monthly groceries. Helena Food Share Offices and Pantries are closed on Saturdays, Sundays, and Holidays. Donation hours are Monday 8 am to 6 pm, Tuesday through Friday 8 am to 4 pm. Contact: Phone line at (406) 443-3663; located at 1616 Lewis Street, Helena, Mt 59624

Lewis and Clark County Public Assistance Office	Contact: Phone line at (406) 444-1700 & fax at 444-1751; located at 3075 N. Montana Ave., Helena, MT, 59601; <a href="http://www.dphhs.mt.gov">www.dphhs.mt.gov</a> .
<b>Government Programs</b>	
Citizens' Advocate Office	Description: Assists with questions, problems, and/or complaints related to state agencies. Contact: Phone line at (800) 332-2272 or (406) 444-3468; located at 1301 E. 6th Avenue Helena, MT 59620-0803; email at <a href="mailto:citizensadvocate@mt.gov">citizensadvocate@mt.gov</a> ; website at <a href="http://citizensadvocate.mt.gov">http://citizensadvocate.mt.gov</a> .
Human Rights Bureau	Description: Administrative body that processes and investigates complaints of illegal discrimination in the state of Montana. Contact: Phone line at (800) 542-0807 or (406) 444-2884; mailing address at PO Box 1728, Helena, MT 59624-1728; located at 1625 11th Avenue, Helena, MT 59601; website at <a href="http://www.mtdiscrimination.com">www.mtdiscrimination.com</a>
Montana Secretary of State	Description: Assists with issues related to voter registration, ballots, state and county elections, campaign finance, administrative rules, business registrations, forms, searches, trademarks, notary certifications and services, and public record searches. Contact: Phone line at (406) 444-2034 or (406) 444-9068 (tty); located at 1301 East 6th Avenue, PO Box 202801, Helena, MT 59620; <a href="mailto:secretary@mt.gov">secretary@mt.gov</a> ; website at <a href="http://sos.mt.gov">http://sos.mt.gov</a> .
Office of Consumer Protection	Description: Assists with issues regarding consumer protection (including mortgages and bankruptcy) and informs consumers about their rights. Contact: Phone line at (800) 481-6896 or (406) 444-4500; located at 555 Fuller Avenue, PO Box 200151, Helena, MT 59620-0151; email at <a href="mailto:contactocp@mt.gov">contactocp@mt.gov</a> ; website at <a href="https://doj.mt.gov/consumer">https://doj.mt.gov/consumer</a>
Office of Fair Hearings	Description: Provides administrative hearings for those who have been negatively impacted by a government program/department/agency. Contact: Phone line at (406) 444-2470; located at 2401 Colonial Drive, 3rd Floor, PO Box 202953, Helena, MT 59620; email at <a href="mailto:hhsofh@mt.gov">hhsofh@mt.gov</a> ; website at <a href="http://www.dphhs.mt.gov/fairhearings">http://www.dphhs.mt.gov/fairhearings</a>
Serve Montana	Description: Fosters volunteer jobs and opportunities to those who are interested. Contact: Phone line at (406) 444-9077; located at 1301 Lockey Avenue, 3rd Floor, PO Box 200801, Helena, MT 59620; email at <a href="mailto:serve@mt.gov">serve@mt.gov</a> ; website at <a href="http://serve.mt.gov">http://serve.mt.gov</a> .
Human Resource Development Council (HRDC)	Description: Helps connect low-income, elderly, minority, and disabled Montanans to programs that eliminate poverty. Contact: Phone line at (800) 356-6544 or (406) 447-1680; located at 200 South Cruse Avenue, PO Box 1717, Helena, MT 59624-1717; website at <a href="http://www.dphhs.mt.gov/contactus/humanresourcedevelopmentcouncils.shtml">http://www.dphhs.mt.gov/contactus/humanresourcedevelopmentcouncils.shtml</a>
<b>Housing Resources</b>	

Montana Rescue Mission	Description: Separate housing for men and women. Shelter services, meals, help finding housing and employment. Also a partner with Dress for Success. Contact: Phone lines at (406) 259-3105 (Women and Children) and (406) 259-6079 (Men); located at 2520 1st Avenue North (Women and Children) and 2822 Minnesota Avenue (Men), Helena, MT, 59601; website at <a href="http://www.montanarescuemission.org">www.montanarescuemission.org</a>
God's Love	Description: Provides food, shelter, clothing and other basic needs for transients and families. Six month shelter program with support services, case management, and medical need. Contact: Phone line at (406) 442-7000 or (406) 443-6007; located at 533 North Last Chance Gulch Street., Helena, MT, 59601, Email at <a href="mailto:joegodslove@bresnan.net">joegodslove@bresnan.net</a> .
Housing Division	Description: Offers financial and technical resources to those who are looking to buy a home for the first time. Also provides Section 8 assistance to very-low-income residents who are renting. Contact: Phone line at (406) 841-2700; located at 301 South Park Avenue, Room 240, PO Box 200528; Helena, MT 59601; website at <a href="http://housing.mt.gov/">http://housing.mt.gov/</a> .
Montana Home Choice Coalition	Description: Assists with housing choices for people with disabilities. Contact: Phone line at (406) 449-3120 ext.11; located at 515 Helena Avenue, 305, Helena, MT 59601; email at <a href="mailto:montanahomechoice@aware-inc.org">montanahomechoice@aware-inc.org</a> ; website at <a href="http://www3.awareinc.org/awareinc/montanahomechoice/main.asp">http://www3.awareinc.org/awareinc/montanahomechoice/main.asp</a> .
Section 8 Housing Authority	Contact for Lewis and Clark County: Phone line at (406) 442-7970 & (800) 378-7981; located at 812 Abbey, Helena, MT, 59601.
Transitional Housing at Broadwater Village	Description: Housing for low to moderate income families. Contact: Phone line at (406) 442-2429; located at 1427 Broadwater Circle, Helena, MT, 59601; email at <a href="mailto:broadwater@tamarackpm.com">broadwater@tamarackpm.com</a> , Website <a href="http://montana.networkofcare.org/veterans/services/agency.aspx?pid=BroadwaterVillage_1131_17_0">http://montana.networkofcare.org/veterans/services/agency.aspx?pid=BroadwaterVillage_1131_17_0</a>
Tower Hill Apartments	Description: Provides subsidized housing for low and moderate income families. Contact: Phone line at (406) 443-2311 or (877) 484-2787; located at 24 S. Ewing, Helena, MT, 59601
<b>Legal Services</b>	
Montana Legal Services Association	Description: Provides legal advice and representation, pro bono referrals/applications, referrals to selfhelp law clinics, self-help law materials, tax assistance, and educational brochures and workshops. Must be federal poverty level qualified and have limited assets. Contact: Phone line at (800) 666-6899; located at 616 Helena Avenue, 100, Helena, MT 59601; website at <a href="http://www.mtlsa.org">http://www.mtlsa.org</a>
Montana Law Help	Description: Provides online forms, information, and referrals for low income citizens involved in

	legal matters; provides legal assistance to victims of domestic violence. Contact: Domestic violence intake phone line at (800) 799-7233 or (888) 404-7794; website at <a href="http://www.montanalawhelp.org">http://www.montanalawhelp.org</a> .
State Law Library SelfHelp Law Center	Description: Provides legal forms, information, references, and resource referrals to citizens dealing with civil matters. Contact: Phone line at (406) 444-9300; located at 215 North Sanders Street, Helena, MT 59620; office hours at the Anaconda, Boulder, and Dillon courthouses on select Fridays; email at <a href="mailto:statelawlibraryselfhelp@gmail.com">statelawlibraryselfhelp@gmail.com</a> ; website at <a href="http://courts.mt.gov/library/topic/default.mcp.x">http://courts.mt.gov/library/topic/default.mcp.x</a>
<b>Public Library</b>	
Lewis and Clark Library	Contact: Phone line at (406) 447-1690; 120 S. Last Chance Gulch, Helena, MT, 59601
Lewis and Clark Library East Helena	Contact: Phone line at (406) 227-5750; located at 400 Kalispell Avenue North
Montana State Library	Description: Ensures all Montanan citizens have access to government documents. Offers free printing (as long as it's reasonable). Assists with legal information, reference and research, and provides resource referrals. Contact: Phone line at (406) 444-3115; located at 1515 East 6th Avenue, PO Box 201800, Helena, MT 59620-1800; email at <a href="mailto:mssl@mt.gov">mssl@mt.gov</a> ; website at <a href="http://mssl.mt.gov">http://mssl.mt.gov</a>
<b>Medical Resources</b>	
Big Sky Rx Program	Description: Assists recipients of Medicare to pay for approved drug prescriptions. Contact: Phone line at (866) 369-1233; located at 1400 Broadway and mailing address at PO Box 202915, Helena, MT, 59620; email at <a href="mailto:bigskyrx@mt.gov">bigskyrx@mt.gov</a> ; email at <a href="http://www.dphhs.mt.gov/MontanaHealthcarePrograms/BigSky.aspx">http://www.dphhs.mt.gov/MontanaHealthcarePrograms/BigSky.aspx</a>
Family Planning Clinic – Lewis and Clark County	Description: Assists with family planning issues. Hours are Monday 8 am to 5:30 pm, Wednesday 11 am to 7 pm, and Friday 8am to 5:30 pm. Contact: Phone line at (406) 443-7676; located at 1500 Cannon Street, Helena, MT 59601. Website at <a href="http://www.plannedparenthood.org/health-center/montana/helena/59601/planned-parenthood-helena2443-90790">http://www.plannedparenthood.org/health-center/montana/helena/59601/planned-parenthood-helena2443-90790</a>
Laboratory Services Bureau	Description: Provides disease testing resources. Contact: Phone line at (800) 821-7284; located at 1400 Broadway Street, B206, Helena, MT 59601; website at <a href="http://www.dphhs.mt.gov/publichealth/LaboratoryServices">http://www.dphhs.mt.gov/publichealth/LaboratoryServices</a>
Montana Dental Associated-Donated Dental Services	Description: Provides donated dental services to low-income residents. Contact: Phone line at (800) 257-4988 (in Montana only) or (406) 443-2061 (in Helena area); located at 38 South Last Chance Gulch, Ste. 205, PO Box 1154, Helena, MT 59624; email at <a href="mailto:info@montanadental.org">info@montanadental.org</a> or <a href="mailto:mpetrick@nfdh.org">mpetrick@nfdh.org</a> ; website at <a href="http://www.mtdental.com/ddc.htm">http://www.mtdental.com/ddc.htm</a>
Rocky Mountain Hospice	Description: Provides hospice services for those with life-limiting illnesses; paid for by Medicare,

	Medicaid, and most private insurance companies. RN's, CNA's, and social workers. Contact: Phone line at (406) 442-2214 (Helena) and is located at 1075 North Rodney, Ste. 102, Helena, MT 59601 (Helena) website at <a href="http://rockymountainhospice.com">http://rockymountainhospice.com</a> ; email at <a href="mailto:edithhoepner@rockymountainhospice.com">edithhoepner@rockymountainhospice.com</a>
<b>Mental Health / Counseling</b>	
Center for Mental Health	Description: Organization dedicated to improving the lives of those who have been diagnosed with mental health issues. Contact: Phone line at (888) 718-2100 or (406) 443-7151; website at <a href="http://www.center4mh.org">http://www.center4mh.org</a>
Western Montana Mental Health Center	Description: Provides case management, treatment, therapy, and psychiatric counseling services. Call for cost. Contact: Phone line at (406) 723-4033 (adults) and (406) 782-5191 (children); located at 106 West Broadway Street, Butte, MT 5970124; email at <a href="mailto:buttheadults@wmmhc.org">buttheadults@wmmhc.org</a> (adults) and <a href="mailto:buttechildren@wmmhc.org">buttechildren@wmmhc.org</a> ; website at <a href="http://www.wmmhc.org">http://www.wmmhc.org</a>
<b>Office of Public Assistance</b>	
Office of Public Assistance – Lewis and Clark County	Description: Processes applications for SNAP, TANF, LIEAP, WIC, etc., and provides information and referrals for low-income residents. Contact: Phone line at (406) 444-1700; located at 3075 North Montana Avenue, Helena, MT 59620; website at <a href="http://www.dphhs.mt.gov">http://www.dphhs.mt.gov</a> .
<b>Women's Resources</b>	
Florence Crittenton Home	Description: Offers residential group home care for pregnant and parenting adolescent women. Contact: Phone line at (406) 442-6950; located at 901 N. Harris, Helena, MT, 59601; website at <a href="http://www.florencecrittenton.org">www.florencecrittenton.org</a> ; email at <a href="mailto:inquiries@florencecrittenton.org">inquiries@florencecrittenton.org</a> .
Healthy Mothers, Healthy Babies	Description: Provides cribs for infants, educates mothers and public about infant care, and provides general assistance to infants. Contact: Phone line at (800) 421-6667 or (406) 449-8611; located at 400 North Park, Helena, MT 59601; email at <a href="mailto:victoria@hmhb-mt.org">victoria@hmhb-mt.org</a> or <a href="mailto:hmhb@hmhb-mt.org">hmhb@hmhb-mt.org</a> ; website at <a href="http://www.hmhb-mt.org/index.php">http://www.hmhb-mt.org/index.php</a>
Options Women's Clinic	Contact: Phone line at (406) 422-1011; located at 1005 Partridge Place, 1, Helena, MT, 59602;; email at <a href="mailto:info@optionswomensclinic.org">info@optionswomensclinic.org</a> .
Planned Parenthood	Description: Education information, medical services, supplies and supervision for medically approved birth control methods. Abortion services, pelvic exams, pregnancy tests, blood pressure checks, STD, HIV/AIDS testing and counseling. Infertility, tubal ligation and vasectomy counseling and referral. Medicaid patients accepted as well as insurance. Contact: Phone line at (406) 443-7676; located at 1500 Cannon, Helena, MT, 59601; website at <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a> .

	Website at <a href="http://optionswomensclinic.org/">http://optionswomensclinic.org/</a>
Women's Reproductive and Sexual Health	Description: Provides referrals to family planning clinics which can provide assistance with birth control counseling, physical exams, pregnancy testing, counseling, HIV tests, etc. Contact: Phone line at (406) 444-0983; located at 1400 East Broadway Street, A116, Helena, MT 59620; email at <a href="mailto:hmccaffrey@mt.gov">hmccaffrey@mt.gov</a> ; website at <a href="http://www.dphhs.mt.gov/publichealth/wmh/WomensReproductiveAndSexualHealth.aspx">http://www.dphhs.mt.gov/publichealth/wmh/WomensReproductiveAndSexualHealth.aspx</a> .
Young Women's Christian Association of Helena	Description: Social group dedicated to empowering women and eliminating racism by promoting peace, justice, and equality. Provides housing and assistance. Contact: Phone line at (406) 442-8774; located at 501 North Park Avenue, PO Box 518, Helena, MT 596240518; email at <a href="mailto:info@ywcahelena.org">info@ywcahelena.org</a> ; website at <a href="http://www.ywcahelena.org">http://www.ywcahelena.org</a> .